



TWEET SHEET

Recommended hashtags

#menstruationmatters
#mhd2017 **#menstrucation**
#menstruation **#menstrualhygiene** **#period**

Recommended tweets

This years theme for Menstrual Hygiene Day #mhd2017: #Education. Why? Read more <http://menstrualhygieneday.org/>

#education about #menstruation changes everything!
<http://menstrualhygieneday.org/> #mhd2017 #menstruationmatters

#ItsBloodyTime we provide menstrual hygiene management to help keep girls in school.
#mhd2017 #menstrucation #period

Let's talk #menstruation and make it normal! #period #menstrucation
#menstruationmatters

#education on #menstruation: from shameful to normal, from anxiety to confidence

50% of girls in India have no knowledge of #menstruation before they reach puberty.
Take action for MHM this #mhd2017 #menstruationmatters

How to become #periodpositive and #smashshame? #education about #menstruation
for everyone everywhere!

Good #menstrualhygiene #MHM helps students to stay healthy, confident & continue
learning #menstruationmatters #menstrucation

Recommended images:

Check out <http://menstrualhygieneday.org/> for a set of social media images



@MHday28May



/menstrualhygieneday

www.menstrualhygieneday.org



28 May
MENSTRUAL
HYGIENE DAY